

## **8D7N- Ningxia-Inner Mongolia-Gansu**

**Destinations:** Ningxia, Inner Mongolia, Gansu

Day	Itinerary	Breakfast	Lunch	Dinner	Hotel
1	Arrival in Yinchuan → Pick up from airport & check in into Yinchuan city hotel → <b>Nanguan Mosque</b> <i>*subject to arrival time in Yinchuan</i>	No Meal	No Meal	No Meal	4* in Yinchuan
2	Yinchuan → <b>Western Xia Mausoleum National Archaeological Site Park</b> (40 km, 1-hour drive, 3-hour tour) → Visit <b>Zhenbeibu China Western Film Studio</b> (20 km, 30-minute drive, 3-hour tour) → Visit <b>Helan Mountain Rock Painting</b> (15 km, 30-minute drive, 2-hour tour) → Visit <b>Ningxia Huaiyuan Night Market</b> (40 km, 50-minute drive, 2-hour tour). → Return to the hotel in Yinchuan	Yes	Yes	Yes	4* in Yinchuan
3	Yinchuan → Visit <b>Sanguankou Ming Great Wall Ruins at Helan Mountain's Three Passes</b> (50 km, 1.5-hour drive, 30 minute visit). → Enjoy the <b>Alxa Left Banner Ulaan Lake Five Lakes Crossing</b> (130 km, 2-hour drive, 4-hour tour, includes off-road vehicle & complimentary photography) → Visit <b>Tonghu Grassland</b> (150	Yes	Yes	Yes	4* in Zhongwei

	km, 2-hour drive, 3-hour tour, includes bonfire event) → Stay overnight in Zhongwei City				
4	<b>Zhongwei</b> → Visit <b>Shapotou Scenic Area</b> (20 km, 30-minute drive, 4-hour tour includes shuttle car + escalator + ferry + glass bridge and 3D experience) → Visit <b>Huoshizhai (Firestone Ridge)</b> (230 km, 3-hour drive, 3 hour tour, includes round-trip electric car fee) → Stay overnight in Xiji.	Yes	Yes	Yes	4* in Xiji
5	<b>Xiji</b> → Visit <b>Yellow River Shilin Stone Forest</b> (320 km, 4-hour drive, 3-hour tour) → Visit <b>Dong Mansion (Dongfu)</b> (20km, 30-minute drive, 1-hour tour) → Stay overnight in Wuzhong.	Yes	Yes	Yes	4* in Wuzhong
6	<b>Wuzhong</b> → Visit <b>Wuzhong Muslim Cultural Village</b> (8 km, 15-minute drive, 3-hour visit) to experience Hui ethnic traditions & culture with activities like making fried pastries (Sanza and Youxiang), brewing Eight Treasures Tea, and enjoying Hui Heritage Cuisine. → Visit the <b>Ningxia Museum</b> (60 km, 1-hour drive, 2-hour visit). → Visit <b>Lanshan Park</b> (6 km, 15-minute drive, 1.5-hour tour). → Stay overnight in Yinchuan.	Yes	Yes	Yes	4* in Yinchuan

7	Yinchuan → Visit <b>Sand Lake Scenic Area</b> (60 km, 1-hour drive, 3-hour tour, includes large boat ticket) → Visit the <b>Goji Berry Museum</b> 50 km, 1-hour drive, 1-hour tour). → Visit <b>Drum Tower</b> (10 km, 30 minute drive, 30-minute tour). → Stay overnight in Yinchuan.	Yes	Yes	Yes	4* in Yinchuan
8	<b>Departure:</b> Transfer to Yinchuan Hedong Airport	Yes	No meal	No Meal	

### Day 1: Arrive in Yinchuan

Welcome to Yinchuan! Upon arrival at Hedong International Airport, you will be greeted and transferred to your hotel in downtown Yinchuan. Relax and settle in after your journey, preparing for an exciting adventure.

*\*Subject to arrival time in Yinchuan*

There are many mosques in Ningxia Hui Autonomous Region because most Hui people are Islamic. We will have a car tour of the **Nanguan Mosque**, a famous mosque among thousands of mosques in Ningxia, & have a photo-taking session outside the mosque.

### Day 2: Yinchuan Cultural Exploration

Explore the **Western Xia Mausoleum National Archaeological Site Park**, often called the “Pyramids of China,” to uncover the history of the Western Xia Dynasty. Visit the **Zhenbeibu Western Film Studio**, a famous filming location for Chinese movies, and admire ancient petroglyphs at **Helan Mountain Rock Paintings**. End your day at the bustling **Ningxia Huaiyuan Night Market**, sampling local delicacies.

### Day 3: Yinchuan to Alxa Left Banner

Begin the day at the **Sanguankou Ming Great Wall Ruins** before heading to **Ulaan Lake Five Lakes Crossing** in Alxa Left Banner, where you’ll enjoy stunning desert and lake landscapes, complemented by an off-road vehicle tour. In the evening, experience a lively bonfire party at **Tonghu Grassland** before staying overnight in Zhongwei.



#### Day 4: Zhongwei Adventures

On the fourth day, we will visit **Shapotou Scenic Area**, where the desert meets an oasis, offering activities like camel riding and sand sliding. Then, marvel at the red sandstone formations of **Huoshizhai (Firestone Ridge)**, a Danxia landform unique to China. Enjoy an authentic farm-to-table dinner in **Xiji** and stay overnight.

#### Day 5: Xiji to Wuzhong

Explore the **Yellow River Stone Forest**, a stunning geopark combining stone formations and river views. Visit the historic **Dong Mansion (Dongfu)**, known for its traditional Chinese architecture, before heading to **Wuzhong** to savour Ningxia specialties and rest overnight.

#### Day 6: Cultural Immersion in Wuzhong and Yinchuan

Immerse yourself in Hui ethnic traditions, culture and lifestyle at the **Wuzhong Muslim Cultural Village**, where you'll learn to make fried pastries and brew Eight Treasures Tea. Discover Ningxia's rich history at the **Ningxia Museum** and enjoy panoramic views from **Lanshan Park** in Yinchuan.

#### Day 7: Natural Wonders of Yinchuan

Visit **Sand Lake Scenic Area**, where the desert meets water, offering boat rides and bird-watching opportunities. Learn about Ningxia's signature superfood at the **Goji Berry Museum** and wrap up the day with a visit to the historic **Drum Tower** in downtown Yinchuan.

#### Day 8: Yinchuan – Home Sweet Home

After enjoying a pleasant breakfast, our trip will end, and we will transfer you to Yinchuan Hedong Airport for the corresponding flight.

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#### Travel Tips for Ningxia

1. **Prepare for the Climate:** In China's northwest, Ningxia has a temperate continental climate, featuring long sunshine hours and intense UV rays. Guests should bring essentials like a water bottle, sunglasses, sun hat, high-SPF sunscreen, and a sunshade fan for protection. It's also recommended that some essential medications be packed for personal use.
2. **Temperature Range:** Summer temperatures in Ningxia typically range from 15°C to 35°C, with significant variations between day and night. Consider bringing warmer clothing to layer up when temperatures drop, even in summer.
3. **When travelling to Ningxia in winter,** because Ningxia is in the northwest of China, the climate is relatively dry, and the temperature difference between day and night is large, so it is necessary to prepare clothes suitable for low temperatures and dry environments.
4. **Stay Hydrated:** Ningxia's dry climate requires frequent hydration and replenishing salts and vitamins to maintain good health. Drink plenty of water during hot days to stay calm and prevent heat exhaustion.



5. **Local Culture and Cuisine:** Ningxia is home to a diverse population with unique cultural customs. The local cuisine mainly features beef and lamb, reflecting the regional dietary habits of the Hui people and other ethnic communities.
6. **Fruit Paradise:** Known for its abundant produce, Ningxia offers a wealth of fresh fruits during summer. Make the most of this by enjoying the delicious local varieties!
7. **Desert Adventure Tips:** A camel ride in the desert offers a unique way to unwind and experience a thrilling adventure, but it's essential to keep in mind a few safety tips:
  - **Stick with the Group:** Desert travel is best done with a group. Stay together and support one another for a safer and more enjoyable experience.
  - **Sun Protection:** If visiting between June and October, wear sunscreen and light-coloured, UV-protective clothing.
  - **Protect Your Devices:** Desert sand can be delicate and pervasive, so handle cameras, phones, and other devices carefully.
  - **Camel Riding:** When the camel stands or kneels, hold onto the saddle or hump to avoid falls. Relax with the camel's movement and adjust your posture for a smoother ride.
8. **Yellow River Rafting Tips:** Remember these safety measures for rafting on the Yellow River using traditional sheepskin rafts.
  - **Boarding:** Step onto the raft slowly and steadily, placing your foot across multiple wooden bars to avoid missteps.
  - **Sit Carefully:** Avoid sudden movements when sitting. Remain seated and avoid standing or roughhousing during the trip.
  - **Wear Life Vests:** Always wear a life vest; if large waves appear, hold onto the bars and stay seated.
  - **Plan for Longer Distances:** The vast northwest region of China involves longer drives between scenic spots, so pace your travel activities and get sufficient rest. Wear comfortable, breathable shoes to make your trip smoother and more enjoyable.

**Price Inclusions:**

1. 7 nights hotel accommodation.
2. Entrance tickets for attractions
3. Meals listed in the itinerary.
4. Tours as in itinerary
5. Transport
6. Scenic spot tickets and onsite shuttle services are available. Please note that shuttle service fees within scenic areas are non-refundable if guests decide not to use them.
7. Excellent professional certified tour guide service.
8. A desert small camel doll, desert wind, sand and a elastic scarf, a desert quicksand bottle, mineral water per person per day 1 bottle



**Price Exclusions:**

1. International ticket and airport tax
2. Tips for Driver and Tour Guide ( USD 3 per person per day )
3. Personal expenses
4. Optional tours
5. Travel Insurance
6. Peak Period Surcharge